

Vessel Name: \_\_\_\_\_

Expected Date of Departure: \_\_\_\_\_

Duration: \_\_\_\_\_

**Freighter Passenger Medical Certificate of Health - please print clearly**

This certificate is mandatory for freighter passengers who are in or over age of 65 years during the freighter voyage. It is to be completed and signed by the passenger's physician **not more than 30 days prior to expected embarkation date.**

From passengers over 79 years this certificate is also necessary in order to book a voyage.

A) The passenger (full Name): \_\_\_\_\_ Age: \_\_\_\_\_

**is in good health and able to travel on a freighter that does not have a doctor onboard:**

Yes  No

For remarks if Yes: \_\_\_\_\_

B) Is this passenger infirm by reason of age or illness?

Yes  No

C) Has the passenger had a previous history of:

1. Dizziness, fainting or unconscious spells?

Yes  No

2. Nervous or mental disorder?

Yes  No

3. Tuberculosis or any chest or lung disease?

Yes  No

4. Disorder of heart or blood pressure?

Yes  No

5. Numbness, weakness or swelling of lower extremities?

Yes  No

6. Diabetes?

Yes  No

7. Stomach ulcers, duodenal ulcer or peptic ulcer?

Yes  No

8. Gall bladder or kidney disorders?

Yes  No

9. Impaired vision or hearing or movements?

Yes  No

10. Need for use of cane, crutches, wheelchair?

Yes  No

10a. Has the passenger joint replacements? (hip/knee)?

Yes  No

11. Is the passenger allergic? To what?

Yes  No

12. Is the passenger allergic to any medication? Which?

Yes  No

13. Is the passenger on any medication? Which?

Yes  No

14. If yes, is assistance required in taking this medication?

Yes  No

Further remarks which might be impact on the physical and/or mental condition of the passenger during the intended voyage:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**I have received and read the enclosed important information for the doctor.**

Doctor's signature: \_\_\_\_\_

Place / Date: \_\_\_\_\_

Address / stamp: \_\_\_\_\_

Telephone number: \_\_\_\_\_

I have been this patient's doctor for \_\_\_\_\_ years.

## Important information for the doctor

Dear Madam / Dear Sir,

older passengers of freighter vessels have to provide a Medical Certificate before booking a passage and again before the voyages starts for the following reasons:

- The ship does not carry a doctor and medical facilities aboard are limited. Medical attention amounting to more than First Aid is not available aboard and will not be available quickly from external sources.
- All members of the ship's crew are fully engaged in their own routine duties and are therefore unable to give assistance or attention on a regular basis to any particular passenger.
- Ships are exposed to unexpected movements. Good balance and mobility are required.
- Persons who need a cane, crutches, wheelchair, artificial limbs or the assistance of another person to move around cannot be accepted for passage. Passengers must be able to walk well and take care for themselves unaided.
- Persons with joint replacements may experience pain due to vibrations on freighters that can considerably affect the mobility. Therefore in serious cases former passengers had to be excluded from continuation of their passage.
- Doors with access to open decks have very strong automatic closing devices and raised (knee-high) thresholds. Suitable agility and physical strength are necessary.
- As the vessel is no cruise/passenger liner, it is not equipped with elevators or similar amenities. Usually a vessel has at least six and even more floors, therefore passengers have to be fit enough to climb several stairs.
- Please advise if the passenger is suffering from or has a history of osteoporosis, as even a minor fall aboard the ship in rough weather is likely to have serious repercussions.
- The ship will pass different climate zones. Passengers may experience physical strain due to rigorous climate changes (great heat/humidity, etc.).

The shipping company is not responsible for payment of any doctor's fee, which may be charged in connection with this certificate.