



## SIM EXPEDITIONS

Cape Horn • Tierra del Fuego • Antarctica

### Expedition Gear List

We strongly recommend the following items in order to better experience an Expedition to Cape Horn, Tierra del Fuego, and/or Antarctica. Please note that these items are not just suggested, but most of them required.

1. Thermal Underwear.
2. Warm Socks (Fleece, Wool, or other).
3. Polar/Pile Fleece Jacket.
4. Trouser or Overall.
5. Outer Wind Proof Shell.
6. Water resist and water proof protection (look for sailing and foul weather clothing gear, which is not the same as ordinary outdoor gear).
7. Waterproof Gloves.
8. Hat, Cap, Balaclava preferably windproof.
9. Sea Boots, preferably full height, non-slip sole.
10. Boat Shoes or Slippers, with rubber sole.
11. Hiking Boots if desired for ashore hikes.
12. Shorts or swimwear for possible bathing opportunities in favorable weather
13. Towel.
14. Sleeping Bag (if sailing with SV Santa Maria).
15. Sunscreen of high SPF and after-sun Cream, as well as lip balm.
16. Sunglasses.
17. Small backpack.
18. "Soft Luggage" (no hard suitcases on board, unless it's special photographic equipment, for example). Duffel bags are a good example of what's a proper luggage format.
19. Personal medications. SIM Expeditions crews do not have permission to medicate anyone. For this we recommend you consult your doctor and bring your personal medical kit. A general medical kit is available on board.
20. Special Dietary supplements not included in SIM Expeditions meal plan.
21. Laptop, USB drives and other electronic equipment useful for downloading and storing personal pictures, videos, and other data. The vessels do have this equipment on board, but they are exclusively for the Skipper's use for weather forecast reports, emergency communication, and others. No foreign USB drives or such can be plugged to this equipment either, so we recommend you bring your own in order to freely manipulate your personal information.
22. Plugs and adaptors. The electric current on the boats (SV Santa Maria and SV Santa Maria Australis) is of 12v and of 220v. The sockets on board are for plugs/outlets "Type C" ("European Two-plug"). Please be aware that access to the electric current on board is available, but limited to the Skipper's criteria.